

Psychosynthesis Research Foundation Inc.

ROOM 314, 527 LEXINGTON AVENUE, NEW YORK, N. Y. 10017
TEL: PLAZA 9-1480

"Human life will never be understood unless its highest aspirations are taken into account. Growth, self-actualization, the striving toward health, the quest for identity and autonomy, the yearning for excellence (and other ways of phrasing the striving 'upward') must now be accepted beyond question as a widespread and perhaps universal human tendency.

"And yet there are also other regressive, fearful, self-diminishing tendencies as well, and it is very easy to forget them in our intoxication with 'personal growth,' especially for inexperienced youngsters. I consider that a necessary prophylactic against such illusions is a thorough knowledge of psychopathology and of depth psychology. We must appreciate that many people choose the worse rather than the better, that growth is often a painful process and may for this reason be shunned, that we are afraid of our own best possibilities in addition to loving them, and that we are all of us profoundly ambivalent about truth, beauty, virtue, loving them and fearing them too."

We are giving the above quotation for three reasons: first, for its aptness to present developments in "third force" psychology; second, to bring to your attention the extensively revised edition of Maslow's Motivation and Personality (N.Y.: Harper and Row, 1970) from the Preface to which the quotation is drawn; and finally, as a tribute to Dr. Abraham H. Maslow, whose untimely death early last Spring was a great loss to psychology and psychotherapy.

Dr. Maslow's warm personality, pioneering courage, and deep erudition were sources of encouragement and inspiration to countless fellow professionals - and certainly, to those of us connected with the Foundation.

NEW P.R.F. REPRINT #12

With the kind permission of the editor of the Journal of Humanistic Psychology the Foundation has reprinted, from the Fall 1969 issue, Martha Crampton's fine article "The Use of Mental Imagery in Psychosynthesis." We are glad to send you a copy with this Newsletter. Additional copies are available at 35¢ each (less 20% for orders for 10 or more copies).

ADDITION TO P.R.F. BOARD OF DIRECTORS

We are pleased to announce that in May 1970, Bertha Phillips Rodger, M.D., was elected to the Board of Directors of the Foundation. Dr. Rodger is a Fellow of the American College of Anesthesiologists and a Fellow of the American Association

of Clinical Hypnosis. She is currently Attending Anesthesiologist at Valley Hospital, Ridgewood, N.J. She is the author of several articles on hypnosis for the preparation of patients for medical procedures. A frequent and constructive participant in Psychosynthesis Seminars, Dr. Rodger is a valued co-operator in the Foundation's work.

PRELIMINARY NOTICE: INTERNATIONAL CONGRESS ON PSYCHOSYNTHESIS IN ARGENTINA, 1971

Dr. Juan A. Aleandri, Director of the Asociacion Argentina de Psicosisintesis, has sent us word of plans being made in cooperation with the John F. Kennedy University, Buenos Aires, and the Organizacin Universitaria de Intercambio Panamericano for an International Congress on Psychosynthesis to be held in July 1971 in Argentina. Newsletter readers interested in this Congress should write to: Juan A. Aleandri, M.D., Juncal 2061, 1o "B", Buenos Aires.

PARIS MEETINGS

On June 6th to 7th, a weekend conference on psychosynthesis was held in Paris. Mesdemoiselles Suzanne Nouvion and Jacqueline de Chevron-Villette of the Institut de Formation Humaine et Psychosynthse Applique, invited Dr. Assagioli and a number of his colleagues to present the theory and methods of psychosynthesis to a French audience of mental health specialists and allied professionals. Dr. Assagioli, whose health did not permit him to attend, sent Dr. Gabriello Cirinei, his close collaborator, in his place. From Italy came Drs. Sergio Bartoli and Bruno Caldironi, and Mr. Giorgio Fresia. The United States was represented by Dr. Haronian and Mr. and Mrs. James Vargiu.

This conference was co-sponsored by the Socit Internationale des Techniques d'Imagerie Mentale. Doctors Roger Frtigny and Andre Virel, co-authors of "Imagerie Mentale" were among those who attended the conference. Doctors Soly Katz and Jacques Pez also took an active part in the informal discussions which followed the conference.

We are deeply grateful to all those who worked so hard to organize this opportunity to introduce psychosynthesis into France. It is planned that transcripts of the various talks, which were all in French, will soon be available for dissemination.
